

### **Who Is Sandy Nathan?**

Sandy Nathan is not a blazing new talent. "I'm a blazing, *old* talent. I'm a mother, a grandmother and someone who's had several professional careers. My first published writing was in economics. Unless you're into cost/revenue analysis, you probably haven't heard of it. I've been around for a long time and have had experiences from the everyday professional/personal/family realm to the inner world of deep meditation. I love both."

Sandy's professional experiences include being project economist for two studies in Silicon Valley: She was economist for the Joint Cities-County Housing Element Program of Santa Clara County. She was also Project Economist for the Santa Clara County staff of the Service Pricing/Urban Development Project, a joint project of the RAND Corporation and the Santa Clara County Planning Department. She also served as Economic Analyst for the County of Santa Clara. She has Bachelor's and Master's degrees in economics and was a Ph.D. student at the Stanford University's Graduate School of Business.

She also holds a Master's Degree in Marriage, Family and Child Counseling from Santa Clara University. "Aside from using it everywhere in my personal life," Mrs. Nathan used this degree to coach negotiation exercises and teach active listening while on the staff of the professor teaching Stanford Business School's most popular course, Negotiation and Intervention.

Her business and artistic talents were developed and tested with Design Resource, an interior design and furniture store she owned with her husband. She completed 90% of the coursework needed for an American Society of Interior Designers' Affiliate membership while she was Principal Interior Designer with Design Resource. She worked as a designer for ten years.

A horse lover her entire life, Sandy Nathan owned her first horse in 1958. She was active in a drill team, performing in parades and rodeos on the San Francisco Peninsula. She later was attracted to the discipline and mastery that showing horses required. She loved the Western horses, feeling the essence of her native California and the American West in reined stock horses and the other types of Western riding. She showed horses until her father's death in 1964, becoming a tough competitor with a good record of wins. "I have never considered amassing horse show ribbons as the reason for my involvement with horses. This can be an illness. I love horses and the spiritual and practical lessons they hold. I love their beauty and unpredictability. I love their energy."

All of Sandy's writing includes examples and learning experiences from the world of horses. "We purchased our first Peruvian Paso horses in 1987. They have extended my life as a rider and have given me the experience of their amazing spirit and sweetness." Also a dog lover, Sandy's writing about rescuing dogs and training animals which have been abused and damaged by people is forthcoming.